



“There can be no keener revelation of a society’s soul than the way in which it treats its children.”
- Nelson Mandela, Former President of South Africa

REACHING & TEACHING CHILDREN EXPOSED TO TRAUMA

A 2 Day Course for Administrators, Counselors & Teachers



Dr. Barbara Sorrels

Dr. Barbara Sorrels is an early childhood specialist, educator, and consultant with a heart for “children from hard places.” She is the founder of Connected Kids, a nonprofit which provides parents and guardians with compassionate, evidence-based strategies for guiding children through trauma and other challenges.

Her approach is based on the belief that when children feel connected to themselves, their families and the world around them, they can overcome even the darkest of circumstances to reach their fullest potential.

Prior to founding Connected Kids, Dr. Sorrels spent more than 20 years in education as a classroom teacher, a founder/director of early childhood centers in Washington, D.C. and Fort Worth, Texas, and a professor of graduate and undergraduate studies in the Early Childhood Education program at Oklahoma State University.

In 2007, Dr. Sorrels founded The Institute for Childhood Education to provide consulting and professional development training for educators and professionals from state agencies, school districts, child care centers and other child advocacy organizations.

Dr. Sorrels holds a doctorate in Early Childhood Education from Oklahoma State University, a master’s degree in Christian Education from Southwestern Seminary, and a bachelor’s degree from the University of Maryland. She lives in the Tulsa area with her husband, Bob, and is a proud mother and grandmother.



For more information and registration:

www.connectedkids.org
918-951-0738

presented by

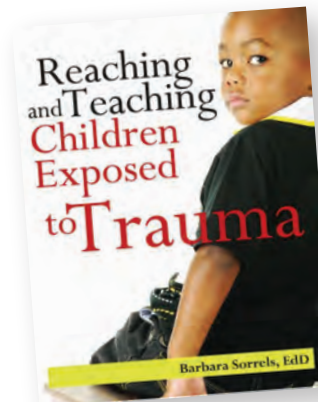
DR. BARBARA SORRELS
Connected Kids

OUR PROGRAM

Increasing numbers of children in our country are exposed to various forms of maltreatment and trauma including physical and emotional neglect and abuse, sexual abuse, divorce and abandonment. These children are often identified as having special needs and most eventually receive the diagnosis of at least one of the following: ADD/ADHD, oppositional defiant, bipolar, obsessive compulsive disorder or depression.

It has been generally assumed that only those with advanced education and clinical skills can help traumatized children, but there is increasing evidence that teachers are a critical part of the process of healing. (Bath, 2008). Dr. Bruce Perry, a leading expert in trauma, recognizes that it is the ongoing, daily interactions with loving, emotionally responsive and caring adults that bring about healing.

This course is designed to equip educators with practical strategies that promote healing in order to reach and teach children exposed to trauma.



**\$250
per
person**

THE FOLLOWING TOPICS WILL BE COVERED:

The Impact of Trauma on the Developing Brain

How trauma compromises healthy growth and brain development

Strategies for Creating a Relationally Rich Environment

Practical strategies for creating warm, responsive relationships critical to healing

Importance of Creating a Rhythmic Environment

Creating an environment for the brain that is patterned, predictable & rhythmic

Giving Children a Voice

Help children reclaim their voice through choices, the arts & curriculum

The Importance of Self Regulation

Practical strategies for bottom-up and top-down regulation

Creating a Sensory Rich Environment

8 of 10 children w/ trauma have sensory difficulties; experiential learning is critical

Beyond Stickers & Time-Out

Reward & Punishment can undermine healing in children; other strategies will be shared

Bibliotherapy

Children's literature can help facilitate self-awareness & healing

The Impact of Trauma on Learning

Understanding language, logical thinking, and other forms of learning delays



14 Hours of training

Participants will receive a copy of the book, *Reaching and Teaching Children Exposed to Trauma*, and a handbook of practical strategies and experiences.

JANUARY 14-15

Early Childhood - Elementary

FEBRUARY 5-6

Early Childhood - Elementary

MARCH 10-11

Secondary Schools

*All sessions at Legacy Plaza:
5330 East 31st Street, Tulsa 74135*

Lunch & snacks will be provided each day.

REGISTER ONLINE:

VISIT

www.connectedkids.org

Note: If you are paying via PO, you will need to provide district approval / documentation.

For more information
contact us at

918-951-0738

lisa@connectedkids.org