

## Bal-A-Vis-X Rhythmic Balance/Auditory/Vision eXercises

2 Day Rhythmic **Training Class** July 25th & 26th \$200 Registration

## **Learning Outcomes:**

- Learn to implement BAVX exercises with students
- Understand how BAVX supports educational neuroscience & trauma informed care
- Understand how the exercises support student practices of both CASEL Core Comepetencies & **Executive Function skills**



Register at: connectedkids.org/rhythm

## You Will Receive:

- ✓ Illustrated BAVX Book
- 4 Sand Bags
- 6 Racquetballs
- 2 Days of Hands on Training



